



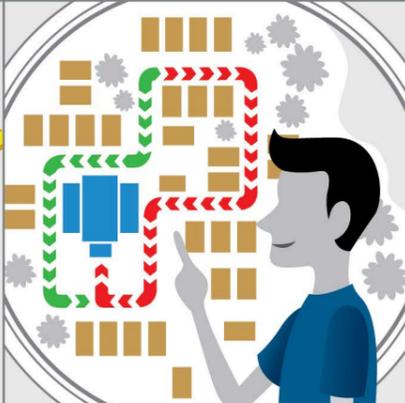
# EARTHQUAKE

The shaking during an earthquake causes buildings to collapse and can lead to other hazards, such as fires, tsunamis, flooding and landslides. For your best chance of coming out of an earthquake unshaken, follow these **SAFE STEPS**:

## BE PREPARED...



PREPARE YOUR GO-BAGS



KNOW WHERE TO EVACUATE

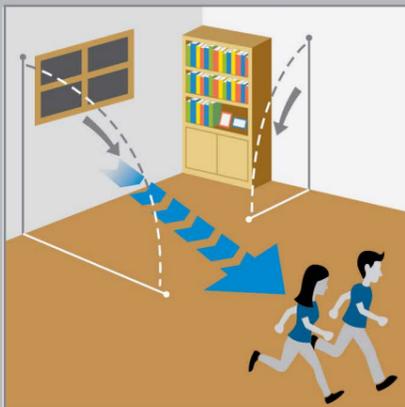


SECURE OBJECTS THAT COULD FALL



PREPARE FIREFIGHTING EQUIPMENT

## IF YOU FEEL SHAKING...



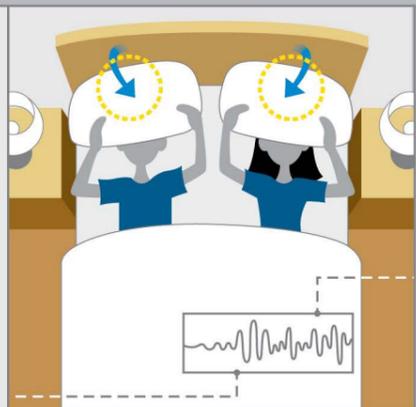
MOVE AWAY FROM WINDOWS, GLASS AND HEAVY OBJECTS



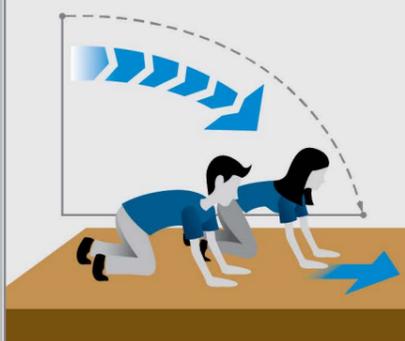
EXTINGUISH ANY FIRES IMMEDIATELY



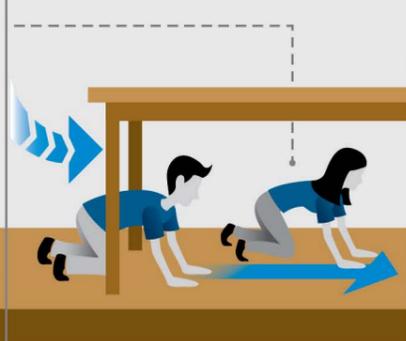
ENSURE EXIT DOORS ARE OPEN SO THEY DON'T GET STUCK



IF IN BED, DON'T MOVE, PUT A PILLOW OVER YOUR HEAD



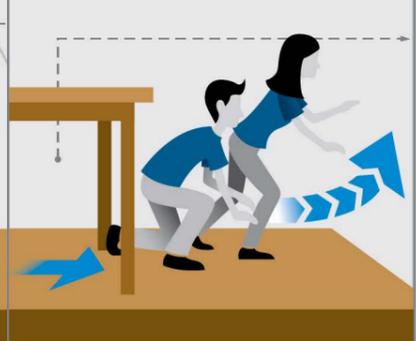
**DROP** DOWN TO YOUR KNEES AND GET SMALL



TAKE **COVER** GET UNDER A STURDY TABLE



**HOLD** ONE OF THE TABLE LEGS



WAIT UNTIL THE SHAKING STOPS THEN **GET OUT**

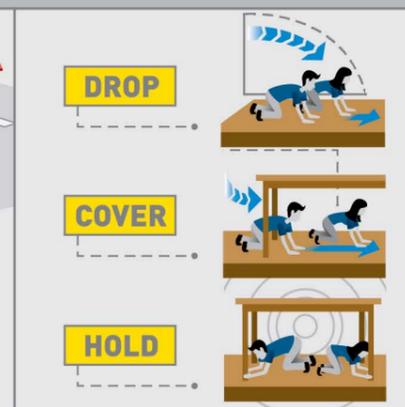
## AFTER...



GRAB GO-BAG AND LEAVE. NEVER USE AN ELEVATOR



STAY AWAY FROM DAMAGED BUILDINGS



IN CASE OF AFTERSHOCKS, FOLLOW THE SAME SAFE STEPS



DO NOT GO HOME UNLESS LOCAL AUTHORITIES DEEM IT SAFE

# SAFE STEPS

NATURAL DISASTERS

# EARTHQUAKE



Earthquakes can be deadly. The shaking during an earthquake causes buildings to collapse and can lead to other hazards, such as fires, tsunamis, flooding and landslides.

For your best chance of coming out of an earthquake unshaken, follow these SAFE STEPS:

- ▶ SECURE OBJECTS
- ▶ DROP COVER HOLD
- ▶ DON'T USE ELEVATORS



TYPHOON



EMERGENCY KIT



FIRE



FLOOD

# SAFE STEPS

NATURAL DISASTERS



**MANNY  
PACQUIAO**  
SAFE STEPS AMBASSADOR

## YOU TOO CAN BE A SURVIVOR



**SAFESTEPS.COM**

SAFE STEPS TIPS APPROVED BY:  International Federation of Red Cross and Red Crescent Societies

