



[EMERGENCY KIT]

The key to surviving a natural disaster is preparation. Fail to prepare, prepare to fail. Gear up for anything mother nature can throw at you by ensuring you always have the following items prepared:

BE PREPARED...

| | | | |
|---|--|---|---|
|  |  |  |  |
| PACK IN A LIGHTWEIGHT, WATERPROOF GO-BAG THE FOLLOWING: | WATER AND REHYDRATION SACHETS | HIGH-ENERGY FOOD | FIRST AID SUPPLIES |
|  |  |  |  |
| EMERGENCY BLANKET | A CHANGE OF CLOTHES | WATERPROOF RAIN COAT | STURDY SHOES AND WORK GLOVES |
|  |  |  |  |
| FULLY CHARGED MOBILE OR PORTABLE RADIO | TORCH OR PORTABLE LAMP AND BATTERIES | MULTIPURPOSE POCKET KNIFE TOOL | MATCHES |
|  |  |  |  |
| A WHISTLE TO ATTRACT ATTENTION | PERSONAL TOILETRIES FOR HYGIENE | EMERGENCY AND VITAL RECORDS IN WATERPROOF BAG | CASH |



SAFE STEPS

YOU TOO CAN BE A SURVIVOR

MANNY PACQUIAO

SAFE STEPS AMBASSADOR



EMERGENCY KIT

The key to surviving a natural disaster is preparation. Fail to prepare, prepare to fail. Gear up for anything mother nature can throw at you by ensuring you always have the following items prepared:

- ▶▶▶ WATER, FOOD, FIRST AID KIT, SOAP
- ▶▶▶ CLOTHING
- ▶▶▶ TORCH, RADIO, MOBILE PHONE
- ▶▶▶ IMPORTANT PAPERS
- ▶▶▶ MONEY