



EMERGENCY KIT

The key to surviving a natural disaster is preparation. Fail to prepare, prepare to fail. Gear up for anything mother nature can throw at you by ensuring you always have the following items prepared:

BE PREPARED...

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| PACK IN A LIGHTWEIGHT, WATERPROOF GO-BAG THE FOLLOWING: | WATER AND REHYDRATION SACHETS | HIGH-ENERGY FOOD | FIRST AID SUPPLIES |
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| EMERGENCY BLANKET | A CHANGE OF CLOTHES | WATERPROOF RAIN COAT | STURDY SHOES AND WORK GLOVES |
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| FULLY CHARGED MOBILE OR PORTABLE RADIO | TORCH OR PORTABLE LAMP AND BATTERIES | MULTIPURPOSE POCKET KNIFE TOOL | MATCHES |
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| A WHISTLE TO ATTRACT ATTENTION | PERSONAL TOILETRIES FOR HYGIENE | EMERGENCY AND VITAL RECORDS IN WATERPROOF BAG | CASH |

SAFE STEPS

NATURAL DISASTERS

EMERGENCY KIT



The key to surviving a natural disaster is preparation. Fail to prepare, prepare to fail. Gear up for anything mother nature can throw at you by ensuring you always have the following items prepared:

- ▶ WATER, FOOD, FIRST AID KIT, SOAP
- ▶ CLOTHING
- ▶ TORCH, RADIO, MOBILE PHONE
- ▶ IMPORTANT PAPERS
- ▶ MONEY



TYPHOON



EARTHQUAKE



FIRE



FLOOD

SAFE STEPS

NATURAL DISASTERS



**MANNY
PACQUIAO**
SAFE STEPS AMBASSADOR

YOU TOO CAN BE A SURVIVOR



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SAFE STEPS TIPS APPROVED BY:  International Federation of Red Cross and Red Crescent Societies

