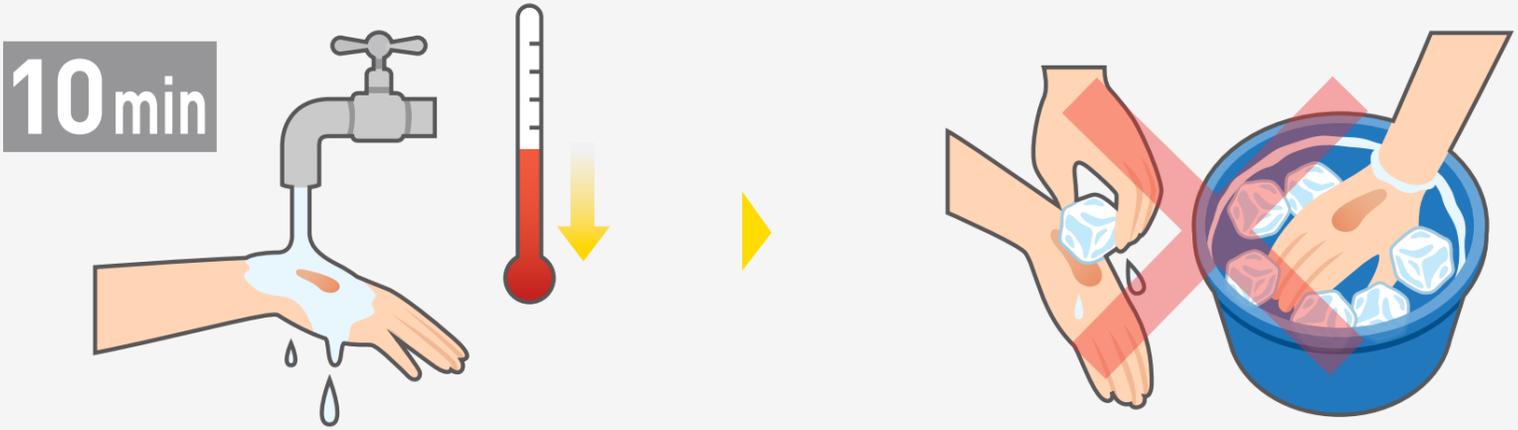




COOL AFFECTED AREA

1



10 min

PLACE UNDER COOL RUNNING WATER FOR 10 MINUTES

DON'T USE ICE OR ICE WATER

COVER IN CLING FILM OR PLASTIC BAG

2



PROTECT BURN WITH CLING FILM

DON'T BURST BLISTERS

IF SEVERE SEEK MEDICAL ATTENTION IMMEDIATELY

CALL EMERGENCY SERVICES

3



CONSULT YOUR LOCAL DIRECTORY

GIVE L.I.F.E



LOCATION



INJURY



FIRST AID GIVEN



EQUIPMENT USED

SHARE ABOVE INFORMATION WHEN SPEAKING TO EMERGENCY SERVICES